

Work Experience - A Guide for Parents

What is Work Experience?

It is an unpaid opportunity for young people to experience working life while they are still in school. It gives them the chance to:

- Work alongside adults as part of a team
- Develop and practice a range of new skills
- Become more confident in their abilities
- Relate their school curriculum to the workplace
- Make more informed decisions about their future

Young people will learn and use a range of transferable skills, personal qualities and competencies that will contribute towards their employability.

They will be helped to develop some of or all of the following key skills:

Communication - Listening, speaking clearly, asking and responding to questions, discussing, using the telephone, reading and responding to written material, producing written materials, including the use of diagrams.

Application of Number - Using numbers, collecting and recording data, interpreting and presenting data, handling money accurately, measuring, and estimating.

Information Technology - Using a fax machine, using computers to search, select, explore and prepare information, processing, developing and presenting relevant information.

Working with Others - Getting along with others, working in a team, taking responsibility, working co-operatively with colleagues.

Improving Own Learning and Performance - Target setting, action planning, managing time, learning from others, working to a planned program, developing confidence, reviewing and evaluating progress.

Problem Solving - Recognizing and describing problems, seeking the right information, making decisions, selecting and carrying out appropriate solutions.

What does Work Experience Involve?

- The student will be expected to telephone the employer before the placement starts.
- The student may be asked to have an interview with the employer before the placement starts.
- The student should keep a diary to record his/her experience and identify the skills they have used and developed during their placement.
- When in the workplace, the student will be expected to behave and carry out tasks as any other employee of the organisations.

How Can Parents Help?

- Help the student understand the goodwill of employers offering the placement opportunities
- Advise the employer and school of any health matters which may affect the student's work placement
- Discuss with the student the implications of the job they choose
- Sign and return the paperwork promptly
- Encourage the student to undergo any pre-placement interview
- Ensure the student attends the placement regularly and punctually
- Ensure that both school and employer are notified if the student is unable to attend
- Encourage the student to have a positive approach to the placement, even if it isn't quite what they expected.